

Clothes Are Your Calling Card

More men work from home these days—but that’s no excuse for wearing sweats and T-shirts. Prime yourself for success by balancing professional confidence with at-home comfort.

WHEN CHRIS REZNY SCORED A JOB working from home, he thought he’d won the sartorial lottery. Now he could wear his usual oversized T-shirts and tattered boot-cut jeans all day. “My jeans were so riddled with holes that I could almost pull out my wallet from the bottom of the back pocket,” says Rezny.

But some new clients still expect to meet in the office. Suddenly he needed a more dynamic wardrobe—preferably one without holes. “I had to be ready for anything,” says Rezny. “I might be pumping out lines of code one day and meeting a CEO the next.”

The solution? Rezny bought a full white, black, and gray wardrobe so everything would always match. The trouble was, it was boring. And his wife was not impressed. “Missy has always urged me to wear clothes that make me look less—as she puts it—homeless,” says Rezny.

So *Men’s Health* came to the rescue with a new wardrobe that would help Rezny impress his clients and his wife. “I’m just as comfortable as I was in my old outfits,” he says. “But now I feel like my clothes live up to my work quality.” Can you say the same for your wardrobe? —DAN MICHEL



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City Sleek

STYLE OBJECTIVE
When Rezny logs the occasional full day in the office, he needs to show that he’s savvy enough to keep up with his industry.

MIX AND MATCH
If you don’t have a blazer or sport coat, you can take the jacket from a suit and pair it with pants of a different color and fabric. **Tommy Hilfiger coat, \$399, & blazer, \$299, Tommy Hilfiger 5th Avenue store**

RETHINK YOUR SIZE
A slimmer fit is more flattering and will boost confidence. “I would’ve never worn a ‘slim-fit’ shirt before,” says Rezny. “Now I realize it’s just a shirt that actually fits.” **Todd Snyder shirt, \$195, toddsnyder.com**

DETAILS MATTER
Brogues—those shoes with the perforated detailing—balance professionalism and style. **Allen Edmonds shoes, \$275, allenedmonds.com**

ALSO SHOWN: RODD & GUNN PANTS, \$125, RODD ANDGUNN.COM; NAUTICA SUNGLASSES, \$58, SELECT NAUTICA RETAIL STORES; TOMMY HILFIGER TIE, \$65, TOMMY HILFIGER 5TH AVENUE STORE; TITLE OF WORK TIE BAR, \$250, CUFFLINKS.COM; LAND’S END BAG, \$128, LANSEND.COM



NAME
CHRIS REZNY

LOCATION
PARK SLOPE, BROOKLYN

OCCUPATION
SOFTWARE & APPLICATION DESIGN MANAGER

CHALLENGE
FIND DYNAMIC, COMFORTABLE LOOKS FOR HOME AND OFFICE

A / OVERSIZED CLOTHES MAKE YOU LOOK BIGGER THAN YOU ARE. YOU’D NEVER KNOW REZNY JUST LOST 20 POUNDS.

B / BLACK AND WHITE CAN SOMETIMES BE TOO FORMAL. DON’T BE AFRAID TO ADD SOME COLOR TO YOUR LOOK.

C / DON’T WEAR SQUARE-TOED DRESS SHOES. YOU’RE A BUSINESS GUY, NOT A PILGRIM.



How Should a New Blazer Fit?
 Snug in the shoulders. Everything can be tailored, but if the shoulders are off, you'll spend twice as much on alterations.
 Source: Ilaria Urbinati, a Hollywood-based stylist

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Home Office Hero

STYLE OBJECTIVE

Rezny needs clothes that are comfortable during long hours in front of a computer but don't make him look like a kid when he has to pop into a meeting.

DRESS THE PART

Just because you can dress down doesn't mean you should, suggests research from Northwestern University. In one study, people demonstrated better attention skills and made fewer test errors after they put on a doctor's lab coat; the study authors noted that these results could extend to all professional attire. **Ted Baker shirt, \$148, tedbaker-london.com**

DON A SWEATER

Sweaters are business-ready and exceptionally comfortable. Stick to crewnecks; they're more appropriate for work than V-necks. **Marc by Marc Jacobs sweater, \$725, marcjacobs.com**

TRY RAW DENIM

Raw-denim jeans haven't been washed or treated; the dark hues are slimming and serious enough for business meetings, and in time the denim will soften and conform to your body. **Baldwin Denim & Collection jeans, \$220, baldwindenim.com**

EXPRESS YOURSELF

Use a hit of color to set yourself apart from the office drones. Shoes are a great place to start. **H by Hudson shoes, \$215, hudsonshoes.com**



Styling: Dan Michel; grooming: Andi Vancev/Naris